



# AUTISM FACT SHEET

## Q | What Is Autism?

Autism spectrum disorder (ASD) is a neurodevelopmental condition that affects how a person communicates, interacts with others, and experiences the world. The term "spectrum" reflects the fact that every individual with ASD has their own combination of strengths, challenges, and support needs.

### PAY ATTENTION TO THE SIGNS

Signs of autism often appear in early childhood (as young as 12-24 months), though they can vary widely.

### COMMON SIGNS MAY INCLUDE:



### AUTISM FACTS YOU SHOULD KNOW

Approximately **1 in 31** children in the United States is diagnosed with autism (CDC).

Boys are diagnosed about **4 TIMES** more often than girls.



Autism occurs in all racial, ethnic, and socioeconomic groups.



**40%** of children with autism are nonverbal.

Early identification can significantly improve developmental outcomes.



### EFFECTIVE THERAPIES TO ADDRESS AUTISM

Speech therapy

Occupational therapy

Behavioral therapy such as Applied Behavior Analysis (ABA)

Social skills training

### HOW ABA THERAPY HELPS

Applied Behavior Analysis (ABA) is a research-based therapy that helps children with autism build important life skills. ABA therapy helps children build skills such as:

Communication and language skills

Redirecting challenging behaviors

Social and play skills

Independence in daily activities

Programs are personalized to each child's needs, helping them reach their full potential.

### CONCERNED ABOUT YOUR CHILD'S DEVELOPMENT?

Early screening and support can make a meaningful difference.

Our team provides:

- Comprehensive autism diagnostic evaluations
- Family guidance and support
- Personalized ABA therapy programs

Contact us to learn more at (855) 640-7888 or at [www.ABAcentersNJ.com](http://www.ABAcentersNJ.com)

